



You are invited to the
**2014 Fall FUNdamentals
Weekend Retreat!**

Friday, September 26 – Sunday, September 28

Dear IDB Transition Student:

The 2014 Fall FUNdamentals Weekend Retreat will be held from Friday, September 26 to Sunday, September 28 at the Iowa Department for the Blind, located at 524 4th St. in Des Moines. You should arrive by 6:00 PM on Friday. The Retreat will conclude at 2:00 PM on Sunday.

WHO CAN PARTICIPATE?

Students who are:

- At least age 14 and have completed 8th grade
- Clients of the Iowa Department for the Blind

WHAT IS THE FOCUS OF THE RETREAT?

The FUNdamentals of Planning:

- Money Management and Financial Planning for Teenagers
- Public Transit Planning - Getting Where You Want to Go
- Meal Planning – There's More to Life than Ramen Noodles

REGISTRATION DEADLINE IS SEPT. 8

IMPORTANT!!! – In order to provide you with the money necessary for the retreat, the enclosed registration form and General Accounting Expenditure / Maintenance Voucher must be completed and mailed so that we receive it no later than Monday, September 8. If you are age 18 or above and are your own legal guardian, you must sign the forms. If you are a minor or are not your own legal guardian, your parent/guardian must sign the forms. The funds will be provided to you in check form. You will need to bring your government issued photo ID (non-drivers license ID) in order to cash the check. If you do not have an ID, you will need to obtain one prior to coming to the retreat.

If you miss the deadline and still want to participate in the retreat, you will be responsible for bringing your own money to cover the costs of restaurant meals and bus transportation totaling \$40.

FOR MORE INFORMATION contact Transition Counselors Julie Aufdenkamp or Shannon Oakley at 515-281-1333 or 800-362-2587.

REMEMBER! SPACE IS LIMITED, students will be accepted on a first-come-first-served basis. If you would like to participate:

- **Please fill out the enclosed forms and return them to us by SEPTEMBER 8, 2014.**

ITEMS YOU WILL BE RESPONSIBLE FOR BRINGING TO THE RETREAT:

- Government-issued photo ID (non-drivers license ID)
- Backpack
- Materials or equipment to take notes
- Toiletries -- shampoo, soap, brush, toothbrush, deodorant, etc.
- Casual clothing (be comfortable!!)
- Medications
- Spending money (optional) – there are vending machines in the building.

IN CASE OF EMERGENCY during the retreat, staff can be reached at:

**515-724-3167 (Julie Aufdenkamp) or
515-661-8597 (Shannon Oakley).**

***We look forward to seeing you in September!
Julie Aufdenkamp and Shannon Oakley
IDB Transition Counselors***